



**KAREN'S FOOD TREND:** Fashion and home décor aren't the only things that have trends that come and go. So does food. Yes, food!

Remember all those fad foods that have somehow become forgotten? Let's see... Remember when everyone had to have bonbons, Korean barbeque tacos, cake pops or croissant-like donuts? Those were food trends. They had their high moments and their lows, but they're still around.

Here are a few food trends to look out for in 2015!

*Homemade:* Local sourcing continues to stick around. Restaurants are not only growing their own produce, they're also producing their own signature items. Think bread, cheese, ice cream, beer and lemonade. It's homemade, fresh and hyper-local!

*Pickling:* With a modern twist, fermenting and pickling are a favorite trend this year. Continuing on the same trend of homemade as mentioned above, restaurants are making their own house-made pickles, vegetables and specialty vinegars. It's a throwback trend that's making its comeback!

Next time, I'll share two more food trends that are making an impact in 2015. Until then, happy eating!